

Tomi's Cowgirl Cafe

EXTRA! EXTRA!
1440 WEEDPATCH HIGHWAY
BAKERSFIELD, CA 93307
(661) 363-5102

Volume 1, Number 1

Casual Dining • Catering • Special Events

Est. 2009

What's going on

KARAOKE

The Cowgirl Cafe hosts karaoke every Thursday and Friday night. Enjoy warbling out your favorite country, classic rock, oldie or hair ballad in a lively environment. Remember, Heaven isn't too far away!

KIDS GO CRAZY!

Kids eat free from the kid's menu on Tuesday and Saturday night when accompanied by a paying adult.

SPECIAL EVENTS

Let us host and cater your wedding reception, meeting, corporate event or private party. Call us at 363-5102 for more information.

FREE WI-FI

Are you a business traveler, truck driver or have one of those new-fangled computers? Stay for a bit and enjoy complimentary wireless internet access.

Our Dust Bowl Roots

Tomi's Cowgirl Cafe celebrates our Dust Bowl heritage. We appreciate the sacrifices that the people who migrated from the Dust Bowl made. We see its influences in our music (the Bakersfield Sound), movies, books and TV.

In 1934 to 1936, our nation recorded three record drought years. In 1936, a more severe storm spread out of the plains and across most of the nation. The drought years were accompanied with record breaking heavy rains, blizzards, tornadoes and floods. In September 1930, it rained over five inches in a very short time in the Oklahoma Panhandle. Later that year, the regions were whipped again by a strong dirt storm from the southwest until the winds gave way to a blizzard from the north.

After the blizzards in winter 1930, the drought began. First the northern plains felt the dry spell, but by July the southern plains were in the drought. It was not until late September that the ground had enough water to justify planting. Because of the late planting and early frost, much of the wheat was small and weak when the spring winds of 1932 began to blow. The wheat was also beaten by dirt from the abandoned fields. In March, there were twenty-two days of dirt storms and drifts began to build in the fence rows.

On Sunday April 14, 1935, the sun came up in a clear sky. The day was warm and pleasant, a gentle breeze whimpered out of the southwest. Suddenly a cloud appeared on the horizon. Birds flew swiftly ahead of it, but not swift enough for the cloud traveling at sixty miles per hour. This day, which many people of the area readily remember, was named "Black Sunday".

Thousands of Okies, Arkies and Texans came to East Bakersfield, Lamont, Weed Patch, DiGiorgio, Edison and Arvin. Their escape from the Dust Bowl became our roots. Our great grandparents and grandparents toiled from sunup to sundown, picking cotton, grapes and anything else that was planted in the rich Kern County soil.

How bout them Cowgirls

Tomi Harmon is a wife and mother of two. She grew up in the Los Angeles area with her mom and developed a love of all animals. Her mother, Alice, stressed compassion and care for all creatures. She cared for critters of all types in her suburban backyard.

Tomi moved to East Bakersfield shortly after graduating high school and settled on acreage near Foothill High. She, her husband Jim and their two children, Trey and Allie Sue enjoy time with their horses, dogs, cats, rabbits and goats.

Tomi has worked in the food industry for fine dining establishments such as Seven Oaks Country Club and The Petroleum Club of Bakersfield. She jumped at the opportunity to establish Tomi's Cowgirl Cafe and follow her dream of serving country cooking in a fun atmosphere.

You may remember **Samantha Bryant's** outstanding service from just up the road at the now-defunct Clark's. Sam, a wife and mother of two, has worked at the Cafe since January of 2009. A graduate of Foothill High class of '91, Sam has lived in the East Bakersfield area her whole life. She and her family enjoy the outdoors, spending time at their family cabin on Breckenridge Mountain and family BBQ's.

Michelle Juarez, a year-long Cafe employee, hails from North High and is a Bakersfield native. She's married with two children and makes East Bakersfield her home. She enjoys gardening and spending time with her kids.



www.tomiscowgirlcafe.com

Sandwiches

All lunches come with fries or macaroni or potato salad

Grilled Cheese	\$4.50
Loaded with American cheese	Add Ham \$1.25
French Dip Sandwich	\$6.99
Sliced beef, topped with Provolone cheese on a French roll, with au jus on the side (Creamed horseradish on request)	
Tri Tip Sandwich	\$6.99
Wood smoked beef tips served with salsa or BBQ sauce	
Chicken Sandwich	\$6.99
8 oz. fresh chicken breast grilled with special spices, mayonnaise, lettuce, tomato with or without cheese.	
Anna's Buffalo BBQ Chicken Sandwich	\$6.99
Crispy chicken breast, tossed with spicy Buffalo BBQ sauce, served with lettuce, tomato, with or without cheese	
Tuna Sandwich or Tuna Melt	\$6.99
Tuna salad served on choice of bread	
Pastrami Sandwich	\$6.99
Pastrami piled high with pickles and mustard	
Turkey Sandwich	\$6.99
Choice of bread, with mayo, lettuce, tomato.	
	Add Avocado \$1.00
Club Sandwich	\$7.50
Choice of bread, turkey, ham and bacon with mayo, lettuce and tomato	
	Add Avocado \$1.00
Fried Bologna Sandwich	\$4.50
Choice of bread, with mayo and tomato	

Sides

Fries	\$2.50
Onion Rings	\$3.00
Fresh Guacamole	\$5.99
Nachos	\$5.99 Add Choice of Meat \$7.99
Side Salad	\$2.00
Chili Fries	\$4.00
Cottage Cheese	\$2.00
Potato Salad	\$2.00
Macaroni Salad	\$2.00

Beverages

Soft Drinks	Large \$2.00 Small \$1.50
Iced Tea, Coke, Diet Coke, Mr. Pibb, Sierra Mist, Mug Root Beer, Orange	
Coffee or Tea	\$1.55
Juice	\$2.00
Apple, Cranberry, Orange, Tomato, Pineapple, Grapefruit	
Hot Cocoa	\$1.55

COWBOY JIM'S DEEP PIT SANDWICH

Slow cooked shredded beef marinated to perfection served with fries or macaroni or potato salad.

\$6.75

Burgers

All of our burgers come with fries or potato salad

Bombers Cheese Burger	\$7.99
1/2 pounder loaded with two slices of cheese topped with lettuce, tomatoes, onions and pickles.	
	Add Chili \$1.00, Bacon \$1.00
Michelle's Patty Melt	\$6.99
Hot juicy beef patty stuffed into two slices of rye bread with grilled onions, cheddar and provolone cheese	

Salads

Choice of house ranch, Italian, thousand island or balsamic vinegar dressing

Samantha's Chicken Salad	\$7.99
Grilled or fried chicken breast with cheese tomato and avocado	
Chef Salad	\$7.99
Savory ham and turkey with tomato, avocado, bacon and egg	
Taco Salad	\$7.99
Ground beef, lettuce, tomato, shredded cheese, salsa with tortilla strips, garnished with sour cream and guacamole	
House Salad	\$4.99
Mixed greens with tomato, mixed cheese	

Soup of the Day

A different soup for each day Cup \$3.00 Bowl \$4.00

Beer

Domestic Bottles	\$2.50
Budweiser, Bud Light, Bud Light Lime, Budweiser Select, Coors, Coors Light, Miller Genuine Draft	
Imported Bottles	\$3.50
Corona, Tecate, Modelo	
Pitchers	\$8.00
Bud Light, Amber Bock, Coors Light	
Small Mug	\$2.50
Large Mug	\$3.00

Appetizers

Choose from Tomi's fried okra, hot wings, chicken strips, fried zucchini, fried mushrooms, french fries, cheese sticks or

Jalapeño poppers

One Item Platter \$3.99

Two Item Platter \$5.99

Three Item Platter \$7.99

Four Item Platter \$9.99

Steaks

All served with choice of two sides, soup or salad and dinner roll

New York Steak \$11.99

12 oz. of USDA beef cooked and spiced to perfection

T-Bone Steak \$11.99

16 oz. USDA beef, grilled to order

Rib Eye \$11.99

12 oz. USDA beef, grilled to order

BBQ & More

All served with choice of two sides and a dinner roll

Deep Pit Platter \$7.99

Slowly-cooked pit beef shredded, one of our specialties

Tri Tip Platter \$7.99

We hate to brag but folks say it's the best around

Rib Platter \$7.99

A large helping of slow-cooked ribs, served with BBQ sauce.

BBQ Chicken Breast \$7.99

Our juicy chicken breast served with BBQ sauce

Chicken Fried Steak \$9.99

A hearty country favorite, deep friend golden

Pork Chops \$8.99

Two pork chops seasoned (served with applesauce upon request)

Liver and Onions \$7.99

A country favorite, cooked to your liking with grilled onions

Seafood

Breaded Shrimp Dinner \$9.99

Deep-fried butterfly breaded shrimp

Fish & Chips Dinner \$7.99

Beer-battered, fried fish filets with our home made tartar sauce

Mojarra Frita \$8.99

Deep fried tilapia fish served with rice and beans, topped with lettuce, tomatoes, sour cream, lemon and avocado

Grilled Garlic Shrimp \$12.99

Eight shrimp sauteed in garlic butter, with rice, beans and tortillas

ALLIE SUE'S OKIE FOOD

Choose from the following country favorites

Pinto Beans with Corn Bread \$3.50

Fried Potatoes \$3.00

Fried Okra \$3.50

Fried Cabbage \$4.00

Lima Beans and Ham with Corn Bread \$3.50

Comidas Mexicanas

All of your favorites served with rice and beans

Burritos \$5.50

Choice of ground or shredded beef, chicken, carne asada, lengua stuffed with rice and beans

Carnitas \$8.99

Slow-cooked pork, served with pico de gallo and avocado

Cheese, Chicken Or Beef Enchiladas \$8.99

Two softly fried tortillas filled with your choice of meat topped with red sauce, garnished with lettuce, tomatoes, & sour cream

Rico Tacos Small \$1.25 Large \$2.25

Choice of carne asada, lengua, chicken or shredded beef served with onion, cilantro and topped with our homemade salsa

Large Hard or Soft Shell Tacos \$7.99

Two tacos with your choice of meat, filled with cheese, lettuce, tomato and sour cream, served with homemade salsa

Chile Verde \$8.99

Chunks of fried pork, slowly boiled with our home made unique taste of our green spicy sauce served with rice & beans & tortillas

Carne Asada \$9.99

Thin-cut steak, grilled onions, chile, avocado slices, and tortillas

Fajitas - Chicken or Beef \$9.99

Shrimp \$11.99

Thin strips of meat seasoned and cooked with grilled onion, tomatoes, and bell peppers served with sour cream and avocado with your choice of homemade flour or corn tortillas

Chicken & Pasta

Served with choice of side and garlic toast

Chicken Fettuccini Alfredo \$9.99

Grilled chicken breast on a bed of fettuccini, smothered in creamy alfredo sauce
Substitute shrimp \$10.99

Malibu Chicken \$9.99

Grilled chicken topped with ham and Provolone cheese served with a pineapple slice

Breakfast

From the Chuck Wagon

Choice of white, wheat, sourdough, English muffin, tortillas, biscuits and gravy or pancake

Sausage and Eggs \$6.99
Four sausage links or two patties, two eggs and choice of potatoes

Bacon and Eggs \$6.99
Four thick slices of bacon with two eggs and choice of potatoes

Chorizo and Eggs \$6.99
Half strip of chorizo mixed with three fresh eggs choice of potatoes or beans

Machaca and Eggs \$6.99
Shredded beef, onion, tomatoes, bell peppers and three fresh eggs with choice of potatoes or beans

Ham and Eggs \$6.99
1/2 lb. thick slice of ham with two eggs and choice of potatoes

Huevos Rancheros \$6.99
Two eggs over-medium with our special chile verde sauce with melted cheese and choice of potatoes or beans. Nice and spicy!

Chicken Fried Steak and Eggs \$9.99
Fried country style with two eggs and choice of potatoes

Steak and Eggs \$9.99
8 oz. New York steak grilled to your liking with two eggs and choice of potatoes

Build your own Omelette \$8.99
Choose from veggies, chile verde, two cheese, choice of meat

Sides

Toast \$1.50

Side Egg \$1.75

Small Grits or Oatmeal, served with toast \$2.50

Large Grits or Oatmeal, served with toast \$3.50

Hash Browns or Country Potatoes \$2.50

Bacon or sausage \$2.50

Ham \$3.00

Small Cream of Wheat served with toast \$3.50

Large Cream of Wheat served with toast \$4.50

TREY'S ALL STAR CYCLE

1 large biscuit with gravy, 2 pancakes, 3 scrambled eggs, and 4 sausage links with hash browns or country potatoes

\$7.99

From the Griddle

Giant Biscuits and Gravy \$3.99
Two gigantic biscuits with sausage gravy

Small Biscuits and Gravy \$2.99
Two small biscuits with sausage gravy

French Toast \$5.99
Three thick slices of bread, grilled golden brown

Breakfast Burrito \$5.99
With your choice of meat, eggs, hash browns and cheese

Pancakes Short stack \$2.99 Full Stack \$3.99
Golden brown and fluffy buttermilk pancakes with a touch of vanilla
Add chocolate chips for \$1.00

Fruit-topped Pancakes \$5.99
Our buttermilk pancakes with your choice of strawberry, blueberry, cherry, or apple with whipped cream

Pancake Sandwich \$4.99
Two fluffy pancakes stuffed with 2 eggs, 2 bacon or 2 sausage patties or links

Breakfast Beverages

Coffee or Tea \$1.55

Juice \$2.00
Apple, Cranberry, Orange, Tomato, Pineapple, Grapefruit

MENUDO WEEKENDS!

Small **\$5.95**

Large **\$6.95**